



Minet Junior School

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Headteacher: Ms K Ryan

Friday 6th February 2026

Dear Parents and Carers,

We would like to inform you that next week we will be recognising Children's Mental Health Week (9th – 13th February 2026), which takes place across the UK. This is an important opportunity for us to help pupils learn more about emotional wellbeing, resilience and the importance of looking after their mental health.

Throughout the week, children will be taking part in a range of age-appropriate activities and discussions in school that focus on understanding feelings, building confidence and supporting one another.

To help celebrate the week, next Friday 13th February, we will be holding a non-school uniform day with the theme 'Wear it Bright'. Children are welcome to come to school in bright, bold, extravagant colours. No money needed.

Thank you for your continued support. If you have any questions or would like further information about Children's Mental Health Week, please do not hesitate to contact the school.

Yours sincerely,

Miss Gubbin

Deputy Headteacher