



Minet Junior School Newsletter

Spring Term: 1st May 2025
01895 462362

<https://www.minetjunior.org.uk/>
office@minetjunior.org.uk

Upcoming Dates

5th May– Bank Holiday– School Closed

7th May –3R Class assembly 9am

8th May– VE day 80th Anniversary

12th-15th May– Year 6 SATs week

15th May– Year 6 heights and weights

20th May– 3O Class assembly 9am

26th-30th May– Half Term– School Closed

2nd June– INSET day– School Closed

Climate change workshop

As part of our Climate Change topic, Year 4 were visited by West End for Schools and explored the challenges faced by our environment and the significance of sustainability through a multitude of perspectives and settings. They investigated how their actions and choices contribute to climate change and learnt ways that we can all make a positive difference. They also developed their understanding that making positive choices can have a positive impact on our environment, health and wellbeing.



River and Rowing Museum

On 1st and 2nd April Year 4 visited the River and Rowing Museum in Henley in preparation for our Rivers topic next half term. It was a jam-packed day full of activities, workshops and a river ramble. We learnt about the impact of erosion, transportation and deposition with hands-on activities. We also learnt about the River Thames and lots of new vocabulary, including source and mouth.



'Whose job is it to keep our local places clean and tidy?'

Please discuss this question with your child. They can then share their family's ideas with the class. There are no right or wrong answers.

Many workers in Birmingham have been on strike (choosing not to work) since January, because they believe they are not being treated or paid fairly. The workers on strike are the people whose job it is to collect rubbish and empty the bins from outside homes and streets. As an all-out strike has now been going on since 11th March, huge piles of rubbish are building up around the city.

Things to talk about at home ...

- > Talk to someone at home about what happens to your rubbish. Where do you take it? Do you know where it goes? What about your recycling?
- > Tell someone at home about this week's story. What do you think it might be like for some people living in Birmingham at the moment?



UN Rights of the Child



Mutual Respect

Everyone deserves to feel valued and respected at school or work. By showing respect to others, we can help make sure everyone feels fairly treated and listened to.

Every child has the right to a clean and safe environment. When rubbish piles up, it can affect children's health and safety. Governments should work to solve problems quickly, so that children have clean places to grow up.



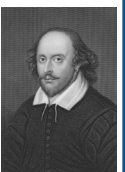
House Points

Winners are:

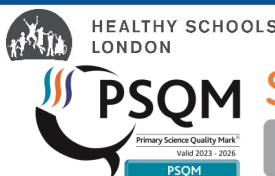
24/04/25– **Newton** with 4,780 housepoints

01/05/25– **Shakespeare** with 3,250 housepoints

Well Done!



INVESTORS IN PEOPLE®
We invest in people Gold



WE HAVE ACHIEVED



Quality Mark PRIMARY AWARD



Minet Junior School Newsletter

Spring Term: 1st May 2025
01895 462362

<https://www.minetjunior.org.uk/>
office@minetjunior.org.uk

VE-DAY-80
1945-2025
80TH ANNIVERSARY

SANDWICHES
Ham Sandwich (NH)
Chicken Mayonnaise (H)
Tuna
Cream Cheese and Cucumber

SIDES
Mini Quorn Sausage Roll
Potato Wedges and Crudités

DESSERT
Victoria Sponge

**Menus may be subject to change*

8TH MAY 2025
Chartwells

We will be celebrating VE day on Thursday 8th May.

Children are invited to dress up as soldiers, evacuees or civilians from the World War II era (1939-1945) and will learn about VE day in their classrooms.

We have also organised for the children to have a picnic on the playground with traditional music played to create a festive atmosphere.

The event is a wonderful opportunity for the children to learn about the significance of VE day and engage with history in a hands-on and memorable way.

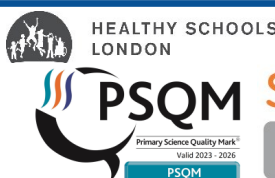
we've made the **water swap!**

change 4 life

Spring Term Attendance:

- 1. 3O 96.84%
- 2. 6Y 95.52%
- 3. 3S 95.46%
- 4. 5M 94.86%

Great attendance!



WE HAVE ACHIEVED



Quality Mark PRIMARY AWARD





Minet Junior School Newsletter

Spring Term: 1st May 2025

01895 462362

<https://www.minetjunior.org.uk/>

office@minetjunior.org.uk

Tips for a Healthy Lunchbox



- 1. The lunchbox matters:** Try picking one that you and your child both like. It's an affordable bento box-style system that is easy to clean (one box and lid instead of three) and helps organise my different food groups easily. There is plenty of room for a snack, drinks, and icepacks too. Bento style boxes are great so that kids don't waste time on opening many lids and baggies. Just open one lid and everything is right there at their fingertips
- 2. Keep it colourful:** Lunch will look interesting if you have more colours and it will more likely be more nutritious too. Try different dips like hummus and yogurt dressing for veggies. Occasionally pack a homemade sweet treat that is packed with nutrition.
- 3. Make leftovers work:** A great dinner from the day before can be enjoyed for lunch the next day. Make life easy and let one meal do double duty. Use soups or stews packed in a thermos especially in the winter. Make Sunday's leftover pancakes into a pancake sandwich on Monday.
- 4. Keep cupboard and freezer staples:** Have plenty of options stocked in your cupboard and freezer so you do not always have to rely on fresh foods. For example, dried fruits like raisins can substitute for fresh. Keep canned tuna in case you run out of protein options. Have different choices so you can always pack a great lunch in a pinch.
- 5. Pack new things:** It's easy to want to pack the same favourite foods repeatedly because we know our kids like them. However, exposure to a variety of different foods is what grows an adventurous eater. When packing something new, make sure your other lunch box compartments are filled with things they like. That way they will not feel too hungry if they are still practicing a new food.
- 6. Try, try again:** If your child does not love something new that you have tried, don't be afraid to pack it again. Research shows that it takes many exposures to a new food before a child may accept it. A recent study showed that 94% of parents give up on a food before their child tries it five times!
- 7. Pack as "waste-free" as possible:** If you find a great lunch box, you will not need throw-aways like plastic sandwich bags. Juice boxes leave waste and provide little but empty sugar calories. The kids will love these waste-free items and you will be showing them how to take care of the planet!
- 8. Remember seasonal items:** Seasonal local foods are fresher and taste better. Packing more seasonally means your child get to try different foods each month.
- 9. Don't forget iron and calcium:** Kids are growing and need plenty of iron and calcium. You don't necessarily have to eat meat or dairy to pack in these important nutrients. Have other options on hand that are iron and calcium-rich like fortified lentils, beans, tofu, nuts, seeds, dried fruits and leafy greens.
- 10. Get your child involved:** Ask them to help with choosing, preparing, and packing lunch items. They are more likely to enjoy food when they are involved.

INVESTORS IN PEOPLE
We invest in people Gold

WE HAVE
ACHIEVED



Quality Mark
PRIMARY
AWARD



HEALTHY SCHOOLS
LONDON

